

## **Psychosocial problems of children who live without parents because of their emigration**

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Nowadays the biggest problem of family psychology clinics in Lithuania are emigration of family members to work abroad.

Though family is the smallest form of social model, it effects bigger community and society and have an influence on them through the family problems, especially children's problems whose behaviour affect school and other children communities.

When one or both parents leave their children, this disturb system of family negatively, affecting roles and functions of the family. Such disassembled and disturbed family negatively impact child's psychosocial adjustment.

Lithuanian Public organization "Institute of Family Relations" made a research in preschool educational institutions. Research results revealed that 37.7 % of children whose parents were working abroad had emotional problems and 13.8 % had behaviour problems.

Of course, a lot depends on child age and personal characteristics, but parents leaving provoke feelings as guiltiness, betrayal, injustice, which influences children depression, isolation.

Some strategic programs are realizable from year 2005 and a lot of attention is paid to children psychological problems of children whose parents work abroad

However, social problems of these children are none the less important. A lot of institutions like universities, public organizations and primary mental health care units, government and nongovernmental organizations are organizing various projects, such as "work in your country", which provides free individual and family therapy sessions for people faced with children care difficulties and relationship problems when family members are working abroad.

In conclusion, an opportunity to work abroad is seen as an aspect of free and democratic country, but there are some negative aspects as well - separation of family unit.

Emigration in Lithuania affects family psychosocial wellbeing as well as a whole society. However some reasons of emigration, like small salaries and high unemployment percent are in the process of being solved.